



**VIRTUAL CONTEMPLATIVE INTENSIVE RETREAT (CIR) JANUARY 22 - 23, 2021**

The January CIR usually held at Mary's Woods at Marylhurst will take place on Zoom, January 22 & 23, 2021.

Sr. Joan Saalfeld, SNJM, will lead the retreat, present talks and offer interviews. Sr. Joan Saalfeld is a member of the Sisters of the Holy Names of Jesus and Mary, a retired professor of literature, and is currently living in West Linn, Oregon. She has studied and practiced Zen and Christian Contemplation for over 40 years, first with Robert Aitken Roshi, then with Willigis Jaeger, OSB, Roshi, and lastly with Pat Hawk, C.Ss.R., Roshi, who encouraged her to be a teacher in our Contemplative Intensive Retreats. She has been doing so since 2012.



The retreat will take place from 9:00 a.m. to 9:00 p.m. on Friday, January 22 and 9:00 a.m. to 5:00 p.m. on Saturday, January 23. You will sit in your own space, access the retreat via Zoom on your own device and provide your own meals. Once your registration has been received and accepted, you will be sent a link for the retreat as well as a PDF containing the retreat schedule and all retreat prayers.

The retreat is open to a maximum of 12 attendees, and the total fee is \$75 for Seven Thunders members, \$105 for non-members. Please notify registrar Jenny Brausch at livinggreen@comcast.net of your intention to

attend this retreat. You may then register by sending your check to:

Jenny Brausch,  
P.O. Box 3119  
Albany OR 97321

Or, you may pay the fee online at Seven Thunders.org (click on the 'Contribute' tab and follow the donation process, leaving a note in the last window saying that this is your CIR fee payment.)

Fees are payable in full to confirm your registration. Should you need to cancel, all but \$30 will be refunded for cancellation requests received by retreat registrar on or before January 8; half the fee (\$38/\$53) will be refunded if received by January 15; no refund in the last week before the retreat. Partial scholarships are available to Seven Thunders members. Registrations will be made in the order received by registrar. ✎

**REGISTRATION FORM**

**CONTEMPLATIVE INTENSIVE RETREAT (CIR) JANUARY 22 - 23, 2021**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Special needs \_\_\_\_\_

- Full payment of \$105 enclosed
- \$75 (Seven Thunders members)
- Donation for Scholarships \$ \_\_\_\_\_
- Request a Scholarship of \$ \_\_\_\_\_

I commit to participating fully in the entire schedule of formal group contemplation.