



**SUMMER SESSHIN AT STONES AND CLOUDS ZENDO JULY 9 – 13, 2019**

The 2019 Seven Thunders Zen Summer Sesshin will be held at the Stones and Clouds Zendo in Lake Oswego, OR, from Tuesday, July 9, at 5 p.m. until Saturday morning July 13, at 10 a.m.. Sesshin will be led by Leonard Marcel. Registration deadline is June 20. Registrations will be accepted on a first come basis. As this sesshin is usually well subscribed, early registration and payment is encouraged. Part-time attendance will be possible.

Space is limited to a maximum of 16. Additional applicants will be wait-listed in case of cancellations. Sesshin fee is \$210 (member rate \$180) and includes all meals (vegetarian). The member rate is available to Seven Thunders members at all sesshins and retreats throughout the membership-year. Non-members may choose to join Seven Thunders (dues are \$30). They then qualify for the member rate at this and other Seven Thunders regular retreats and sesshin through the remainder of that calendar year. Should you need to cancel, all but \$30 is refundable until June 25; after that date all but \$90 is refundable. You will receive a confirmation from the registrar.

If for any reason you find the full fee a barrier to attending, please check the box on the registration form requesting a "scholarship" or contact the registrar. Affordability need not be a deterrent to attendance. Full or partial scholarships are almost always available. Donations for such scholarships are both appreciated and tax-deductible.

This is a non-residential retreat. For non-commuter participants, information about local accommodations is available. Limited accommodations in members' homes may also be available. Information about local accommodations and carpooling will be sent to out-of-town registrants upon receiving your registration and deposit.

As always, total silence will be observed for the entire sesshin. All attending are required to participate fully in the daily sitting and work schedule, including cleanup at the end of the retreat. You are asked to wear plain

conservative clothing of dark or subdued color during sesshin. No shorts or sleeveless tops, please. Zabutons, zafus, low and high benches will be provided, but if you have a favorite zafu or bench (no chairs) please feel free to bring it.

To register for the retreat, complete this form and send it with your deposit to retreat organizer and registrar: **Teresa Marcel, 1333 Skyland Drive, Lake Oswego, OR 97034.** Please make checks payable to **Seven Thunders.** Alternatively, you may e-mail your registration to the registrar ([tdmarcel@mac.com](mailto:tdmarcel@mac.com)) and pay the deposit/fee online at [SevenThunders.org](http://SevenThunders.org) (Click on the 'Contribute' tab and follow the donation process, leaving a note in the last window saying that this is your Summer sesshin fee payment.) Questions? Please contact Teresa Marcel at 503.636.9009 or [tdmarcel@mac.com](mailto:tdmarcel@mac.com) ✈



**REGISTRATION FORM  
STONES & CLOUDS SUMMER SESSHIN, JULY 9 – 13, 2019**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

I will be able to provide accommodation for \_\_\_\_\_ people.

Special dietary requirements: \_\_\_\_\_

I will bring my own zafu or bench.  This is my first Seven Thunders Retreat.

**Current Seven Thunders members:**

**Not a current Seven Thunders member:**

I enclose full payment of \$180  
(the member rate).

I enclose \$210, please apply \$30 to  
Seven Thunders member dues.

I request a scholarship of \$ \_\_\_\_\_

I enclose a donation of \$ \_\_\_\_\_

**Please make checks payable to Seven Thunders.**